

**NEWS RELEASE:**

Aug. 8, 2007

On-Call Media Beeper: (828) 444-1149

**Pardee Apple Festival Race and Chick-fil-A Mini Moo Mile accept registrations**

*(Hendersonville, NC)* On Saturday, Sept. 1, Pardee Hospital will host the annual Apple Festival Road Race, an 8-kilometer (approximately 5-mile) running event. The scenic course winds through Hendersonville and Laurel Park, starting and ending at the Pardee Medical Office Building on the hospital's main campus in Hendersonville. The 8K race starts promptly at 8 a.m.

The Chick-fil-A Mini Moo Mile, a one-mile fun youth (of all ages) run/walk will be held a few minutes after the 8K race begins. Registration for both events starts at 6:30 a.m. The entry fee for the 8K race is \$20 if registered by Aug. 24 or \$25 on the day of the event. The entry fee for the 1-mile event is \$5 if registered by Aug. 24 or \$10 day of the event. The first 200 people to register for the 8K will receive a free event t-shirt. Awards for the 8K race will be awarded to the overall male and female, masters and top three finishers in standard age groups.

"This is the fourth year we have been using this certified 8K course, and the runners always enjoy it," said Chris Power, co-chair of this year's event. "We have runners that participate from all over the south and make this part of their annual Apple Festival experience. The combined two events make this something for all ages and all levels of running ability."

Pardee Hospital will host the event, which will start and finish by the Pardee Medical Office Building on the main campus of Pardee Hospital. The title sponsor for this year's event is Chick-fil-A. Other event sponsors include Kellogg's, Pepsi, Foot Rx, Keith's Triathlon Shop,

Henderson County Family YMCA, Hendersonville.com, Sky Top Orchard, Contours Express and Blue Ridge Mountain Water.

Registration forms are available at the Henderson County Family YMCA, the Pardee Health Education Center in the Blue Ridge Mall, as well as on the Pardee Hospital website, [www.pardeehospital.org/race](http://www.pardeehospital.org/race) and at [www.active.com](http://www.active.com).

For more information or to volunteer to help with the event, contact race directors Chris Power at (828) 698-7302 or Ellen Seagle at (828) 692-3926.

Pardee Hospital is a not-for-profit community hospital founded in 1953. The main hospital is licensed for 222 acute care beds and is the second largest employer in Henderson County. The hospital has several locations separate from the main campus, including a 130-bed nursing facility, an adult day services center, a health education center in the Blue Ridge Mall, home care services, a rehab and wellness center, a midwifery program, various family and internal medicine practices, and an urgent care facility. More information is available at [www.pardeehospital.org](http://www.pardeehospital.org).

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