

NEWS RELEASE:

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On-Call Media Beeper: (828) 444-1149

Pardee Cardiac Rehab Program Receives National Certification

(Hendersonville, NC) Pardee Hospital's Cardiac Rehabilitation program, the only nationally certified cardiac rehab program in Henderson County, was re-certified by the American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR) for the ninth consecutive year.

"This national certification signifies our staff's clinical expertise and commitment to enhancing the lives of our patients," said Joel Tipton, coordinator of Cardiac and Pulmonary Rehabilitation at Pardee Hospital. "We are very proud of our staff and the program's accomplishments over the years, and the residents of Henderson County should feel secure knowing they have access to such excellent cardiac care right here close to home."

According to Tipton, only 23 of the 75 licensed programs in North Carolina have achieved AACVPR national certification, which recognizes programs for providing the highest quality of patient care.

Since 1988, Pardee's Cardiac Rehabilitation program has helped patients with heart problems resume active lives. Cardiac Rehab provides a safe, supervised program of exercise and education in a medical setting, with immediate access to emergency care.

“Many patients who have completed Pardee’s Cardiac Rehab program report feeling better than they have in more than a decade,” said Tipton. “Statistics prove that cardiac rehab works. We know that patients completing Pardee Cardiac Rehab after a heart attack have a 62 percent reduction in the need for readmission to the hospital after one year, and it improves survival rate by more than 50 percent over three years.”

To learn more about Pardee’s Cardiac Rehabilitation program, call (828) 696-1089 or visit www.pardeehospital.org.

Pardee Hospital is a not-for-profit community hospital founded in 1953. The main hospital is licensed for 222 acute care beds and is the second largest employer in Henderson County. The hospital has several locations separate from the main campus, including a 130-bed nursing facility, an adult day services center, a health education center in the Blue Ridge Mall, home care services, a sports therapy and rehabilitation facility on Thompson Street, a midwifery program, various family and internal medicine practices, and an urgent care facility. Pardee is a recipient of the 2006 HealthGrades Distinguished Hospital Award for Clinical Excellence, placing the hospital among the top 5 percent of hospitals in the U.S. for quality of care. More information is available at www.pardeehospital.org.

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