

NEWS RELEASE:

Sept. 12, 2007

On-Call Media Beeper: (828) 444-1149

Dr. Allan Huffman to make presentation on varicose vein treatments

(Hendersonville, NC) Allan Huffman, M.D., F.A.C.S., a board certified vascular surgeon with Hendersonville Surgical Associates, will discuss the latest treatments for varicose veins in a free presentation at the Pardee Health Education Center on Thursday, Sept. 27, from 2 until 3:30 p.m.

“Some people believe that varicose veins are simply a cosmetic issue, but this is not the case,” said Dr. Huffman. “For many, varicose veins often cause a great deal of pain and discomfort, and may also signal a higher risk of other circulatory system disorders.”

Varicose veins are dark purple or blue in color and may appear twisted and bulging — like cords. They commonly appear on the backs of the calves or on the inside of the leg. However, they can form in any area on the legs.

Huffman will discuss chronic venous insufficiency, diagnosis and treatment options for varicose veins, including laser closure of the vein. He also will address the importance of early treatment, since varicose veins can lead to the development of painful ulcers on the skin.

Registration for the presentation is requested by calling 828-692-4600 or visiting www.pardeehospital.org.

The Pardee Health Education Center, located in the Blue Ridge Mall, is a unique community outreach program of the hospital that provides an array of services from health fairs and screenings

to seminars and support groups. Last year, the center provided more than 10,000 free and low-cost screenings to community members.

Pardee Hospital is a not-for-profit community hospital founded in 1953. The main hospital is licensed for 222 acute care beds and is the second largest employer in Henderson County. The hospital has several locations separate from the main campus, including a 130-bed nursing facility, an adult day services center, a health education center in the Blue Ridge Mall, home care services, a rehab and wellness center, a midwifery program, various family and internal medicine practices, and an urgent care facility. More information is available at www.pardeehospital.org.

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