

NEWS RELEASE:

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On-Call Media Beeper: (828) 444-1149

Dr. Napoli to make presentations on osteoarthritis of the hand and carpal tunnel syndrome

(Hendersonville, NC) David Napoli, M.D., an orthopedic surgeon with Blue Ridge Bone and Joint, will discuss the symptoms and treatments available when the hand and arm are affected by osteoarthritis in a presentation at the Pardee Health Education Center on Monday, Oct. 8, from noon until 1 p.m. Napoli will also discuss the causes and treatment options for carpal tunnel syndrome on Tuesday, Oct. 16, from 1 until 2 p.m. Both presentations are free.

Osteoarthritis, sometimes called degenerative joint disease or osteoarthrosis, is the most common form of arthritis. Osteoarthritis is characterized by the breakdown of joint cartilage and may affect any joint in the body. It may be caused by simple “wear and tear” on joints, or it may develop after an injury to a joint. Stiffness, swelling and pain are symptoms common to all forms of arthritis in the hand.

According to the National Institute of Neurological Disorders and Stroke, carpal tunnel syndrome is a condition in which the median nerve, which runs from the forearm into the hand, becomes compressed or squeezed at the wrist. Napoli will address some of the myths of carpal tunnel, such as the misconception that it is caused by keyboarding, as well as the possible role of genetics in causing the condition.

Registration for both presentations is requested by calling 828-692-4600 or visiting www.pardeehospital.org.

The Pardee Health Education Center, located in the Blue Ridge Mall, is a unique community outreach program of the hospital that provides an array of services from health fairs and screenings to seminars and support groups. Last year, the center provided more than 10,000 free and low-cost screenings to community members.

Pardee Hospital is a not-for-profit community hospital founded in 1953. The main hospital is licensed for 222 acute care beds and is the second largest employer in Henderson County. The hospital has several locations separate from the main campus, including a 130-bed nursing facility, an adult day services center, a health education center in the Blue Ridge Mall, home care services, a rehab and wellness center, a midwifery program, various family and internal medicine practices, and an urgent care facility. More information is available at www.pardeehospital.org.

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