

**NEWS RELEASE:**

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On-Call Media Beeper: (828) 444-1149

**Flu and Pneumonia Vaccines Available at Pardee Health Education Center**

*(Hendersonville, N.C.)* The Pardee Health Education Center, located in the Blue Ridge Mall, is now offering flu and pneumonia vaccines to the general public. Flu vaccines are \$25 and pneumonia vaccines are \$30. The vaccines are free with Medicare Part B.

The vaccines will be offered Mondays and Thursdays at 9:30 a.m., and Wednesdays and Fridays at 3 p.m. For more information, call 692-4600.

According to the Centers for Disease Control, the pneumonia shot is recommended one time at age 65 (or older if it was not given at 65). This shot is also recommended for people younger than 65 who have certain chronic illnesses. Some individuals with particular health risks will need a one-time revaccination dose five years later. Those with questions should consult their doctor before getting the vaccination.

The Pardee Health Education Center, located in the Blue Ridge Mall, is a unique community outreach program of the hospital that provides an array of services from health fairs and screenings to seminars and support groups. Last year, the center provided more than 10,000 free and low-cost screenings to community members.

Pardee Hospital is a not-for-profit community hospital founded in 1953. The main hospital is licensed for 222 acute care beds and is the second largest employer in Henderson County. The hospital has several locations separate from the main campus, including an adult day services center, a health education center in the Blue Ridge Mall, home care services, a rehab and wellness center, a

midwifery program, various family and internal medicine practices, and an urgent care facility. More information is available at [www.pardeehospital.org](http://www.pardeehospital.org).

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