

NEWS RELEASE:

July 31, 2007

On-Call Media Beeper: (828) 444-1149

Pardee Hospital offers free vision screenings

(Hendersonville, N.C.) Pardee Hospital will begin offering free vision screenings at the Pardee Health Education Center, located in the Blue Ridge Mall, on a monthly basis starting Tuesday, August 14, from 9 until 11 a.m. The screenings will be provided on the second Tuesday of each month, from 9 until 11 a.m.

The vision screening will be performed by a registered nurse and will check the horizontal visual fields, including the peripheral field, far and near levels, acuity for both eyes, stereo depth perception, color perception, and vertical and lateral phoria. The test is approved by the Occupational Safety and Health Administration (OSHA).

To schedule an appointment, contact the Health Education Center at (828) 692-4600. Appointments are required and space is limited.

According to the American Optometric Association, periodic eye exams are an important part of routine preventative health care. Many eye and vision conditions present no obvious symptoms. Therefore, individuals are often unaware that a problem exists.

“We are so excited to be able to provide this valuable service to the community,” said Jill Geis, manager of the Pardee Health Education Center. “Even if you don’t think you have a problem with your eyesight, we encourage you to come to the Health Education Center to receive a free eye exam as a part of your routine preventative health care.”

The American Optometric Association encourages regular vision screenings every two to three years for most adults. Further information and resources are available on their website, www.aoa.org.

The Pardee Health Education Center is a unique community outreach program of the hospital that provides an array of services from health fairs and screenings to seminars and support groups. Last year, the center provided more than 10,000 free and low-cost screenings to community members.

Pardee Hospital is a not-for-profit community hospital founded in 1953. The main hospital is licensed for 222 acute care beds and is the second largest employer in Henderson County. The hospital has several locations separate from the main campus, including a 130-bed nursing facility, an adult day services center, a health education center in the Blue Ridge Mall, home care services, a rehab and wellness center, a midwifery program, various family and internal medicine practices, and an urgent care facility. More information is available at www.pardeehospital.org.

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