

**NEWS RELEASE:**

Nov. 29, 2010

On-Call Media Number: (828) 674-2358

**New Menopause Group at Pardee Center for Women's Health**

Pardee's Center for Women's Health is offering a new discussion group called Centering Menopause. Free group discussions led by Pardee physicians and certified nurse-midwives will be offered on the first Tuesday of each month from 6:30-7:30 p.m. at the Pardee Center for Women's Health, 512 Sixth Ave. West in Hendersonville.

On Tuesday, Dec. 7, from 6:30 – 7:30 p.m., Kelly Wolfe, Ph.D., a clinical sexologist with Mountain Sexology in Asheville, will discuss Sexuality in Midlife. Future topics covered in the monthly group meetings will include bladder control, hormones, nutrition and fitness.

Registration is required by calling 1-866-790-WELL (9355).

Pardee Hospital is a not-for-profit community hospital founded in 1953. The main hospital is licensed for 222 acute care beds and is the second largest employer in Henderson County. The hospital has several locations separate from the main campus, including an adult day services center, a health education center in the Blue Ridge Mall, home care services, a rehab and wellness center, a midwifery program, various family and internal medicine practices, and an urgent care





**Margaret R. Pardee Memorial Hospital**  
800 North Justice Street, Hendersonville, NC 28791

[www.pardeehospital.org](http://www.pardeehospital.org)

facility. For more information or to find a physician, call 1-866-790-WELL (9355) or visit

[www.pardeehospital.org](http://www.pardeehospital.org).

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