

NEWS RELEASE:

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Maridee Spearman, M.D., to speak on hormones at Pardee Center for Women's Health

Maridee Spearman, M.D., a local OB/GYN with Pardee OB/GYN Associates, will discuss hormones at the next Centering Menopause meeting on Tuesday, Feb. 1 from 6:30 until 7:30 p.m. at the Pardee Center for Women's Health, 512 Sixth Ave. West in Hendersonville.

Centering Menopause is a discussion group for women who are going through menopause. The group, led by Pardee physicians and certified nurse-midwives, is offered on the first Tuesday of each month from 6:30-7:30 p.m. at the Pardee Center for Women's Health.

Future topics covered in the monthly group meetings will include effective communication, nutrition and fitness.

Registration is required by calling 1-866-790-WELL (9355).

Pardee Hospital is a not-for-profit community hospital founded in 1953. The main hospital is licensed for 222 acute care beds and is the second largest employer in Henderson County. The hospital has several locations separate from the main campus, including an adult day services center, a health education center in the Blue Ridge Mall, home care services, a rehab and wellness center, a midwifery program, various family and internal medicine practices, and an urgent care





Margaret R. Pardee Memorial Hospital
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www.pardeehospital.org

facility. For more information or to find a physician, call 1-866-790-WELL (9355) or visit

www.pardeehospital.org.

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