

PRESS RELEASE:

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On-Call Media Cell: (828) 674-5406

**Thomas Rehm, D.P.M., to speak about common foot and ankle problems at
Pardee Health Education Center**

(Hendersonville, N.C.) Thomas Rehm, D.P.M., with Appalachian Foot and Ankle Associates, will speak about common foot and ankle problems on Wednesday, July 27, from 12 – 2 p.m. at the Pardee Health Education Center, located in the Blue Ridge Mall.

During this presentation, Dr. Rehm will answer participants' questions regarding pain in their feet and ankles. Pain in the foot and ankle are common issues for most people. This can occur from overuse of the joints and muscles in feet or from the natural process of aging.

This presentation is free and open to the public. Registration is required by calling 1-866-790-WELL (9355). For more information about foot and ankle issues, please visit www.cigna.com.

[Pardee Hospital](http://www.pardeehospital.org) is a not-for-profit community hospital founded in 1953. The main hospital is licensed for 222 acute care beds and is the second largest employer in [Henderson County](http://www.hendersoncountync.gov). The hospital has several locations separate from the main campus, including an adult day services center, a health education center in the Blue Ridge Mall, home care services, a rehab and wellness center, a midwifery program, various family





Margaret R. Pardee Memorial Hospital
800 North Justice Street, Hendersonville, NC 28791

www.pardeehospital.org

and internal medicine practices, and an urgent care facility. For more information or to find a physician, call 1-866-790-WELL (9355) or visit www.pardeehospital.org.

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