

PRESS RELEASE:

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On-Call Media Cell: (828) 674-2358

Pardee offers free seminar on managing back pain with physical therapy

(Hendersonville, N.C.) David Gerrer, physical therapist, COMT, with Pardee Rehab and Wellness Center, will present *Managing Back Pain with Physical Therapy*, at the Pardee Health Education Center on Monday, Jan. 17, from 2:30 until 4:30 p.m.

The free presentation will give a physical therapist's perspective on basic review of spinal anatomy, normal and pathological conditions and how physical therapy addresses various conditions. He will discuss the benefits of physical therapy intervention and recommendations for physician referral for those seeking advice on diagnosing their condition and/or seeking referral to a physical therapist.

Registration is required by calling 1-866-790-WELL (9355).

The [Pardee Health Education Center](#) is a unique community outreach program of the hospital that provides an array of services from health fairs and screenings to seminars and support groups. Last year, the center provided more than 10,000 free and low-cost screenings to community members.

[Pardee Hospital](#) is a not-for-profit community hospital founded in 1953. The main hospital is licensed for 222 acute care beds and is the second largest employer in [Henderson County](#). The hospital has several locations separate from the main campus,





Margaret R. Pardee Memorial Hospital
800 North Justice Street, Hendersonville, NC 28791

www.pardeehospital.org

including an adult day services center, a health education center in the Blue Ridge Mall, home care services, a rehab and wellness center, a midwifery program, various family and internal medicine practices, and an urgent care facility. For more information or to find a physician, call 1-866-790-WELL (9355) or visit www.pardeehospital.org.

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