

**PRESS RELEASE:**

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On-Call Media Cell: (828) 674-2358

**Pardee physical therapist presents seminar on hip and knee pain**

(Hendersonville, N.C.) Duane Young, a licensed physical therapist with Pardee Hospital, will present *The Good News about Hip and Knee Pain*, at the Pardee Health Education Center on Monday, Jan. 10 from 11 a.m. until 12:30 p.m.

The free presentation will include information on the causes of hip and knee pain, such as arthritis, and proven treatment methods ranging from medication and physical therapy to joint replacement surgery.

Registration for this free presentation is required by calling 1-866-790-WELL (9355).

The [Pardee Health Education Center](#) is a unique community outreach program of the hospital that provides an array of services from health fairs and screenings to seminars and support groups. Last year, the center provided more than 10,000 free and low-cost screenings to community members.

[Pardee Hospital](#) is a not-for-profit community hospital founded in 1953. The main hospital is licensed for 222 acute care beds and is the second largest employer in [Henderson County](#). The hospital has several locations separate from the main campus, including an adult day services center, a health education center in the Blue Ridge Mall, home care services, a rehab and wellness center, a midwifery program, various family





**Margaret R. Pardee Memorial Hospital**  
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[www.pardeehospital.org](http://www.pardeehospital.org)

and internal medicine practices, and an urgent care facility. For more information or to find a physician, call 1-866-790-WELL (9355) or visit [www.pardeehospital.org](http://www.pardeehospital.org).

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