

PRESS RELEASE:

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On-Call Media Cell: (828) 674-5406

**Roger Freed, D.C., to speak at Pardee Health Education Center about lower
back pain**

(Hendersonville, N.C.) Roger Freed, D.C., a local chiropractic physician, will speak about lower back pain Friday, Sept. 9, from 12:30 – 1:30 p.m. at Pardee Health Education Center, located in the Blue Ridge Mall.

During the presentation, Dr. Freed will discuss the mechanical and structural causes of lower back pain and how the options of physical therapy, massage therapy and chiropractic treatments are used in reducing pain and restoring function following an episode of lower back pain.

This presentation is free and open to the public. Registration is required by calling 1-866-790-WELL (9355).

[Pardee Hospital](#) is a not-for-profit community hospital founded in 1953. The main hospital is licensed for 222 acute care beds and is the second largest employer in [Henderson County](#). The hospital has several locations separate from the main campus, including an adult day services center, a health education center in the Blue Ridge Mall, home care services, a rehab and wellness center, a midwifery program, various family





Margaret R. Pardee Memorial Hospital
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and internal medicine practices, and an urgent care facility. For more information or to find a physician, call 1-866-790-WELL (9355) or visit www.pardeehospital.org.

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