

PRESS RELEASE:

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**Pardee Pavilion Adult Day Health Services hosts free luncheon
and workshop for caregivers**

(Hendersonville, N.C.) Pardee Pavilion Adult Day Health Services will host a free luncheon and workshop for caregivers Thursday, Nov. 10, from 10 a.m. – 1 p.m. at their facility which is located at 114 College Drive in Flat Rock.

In this workshop entitled “Dealing with Dementia Behaviors”, Marcia Caserio, M.A., Ed. will offer guidance based on the latest research to help you manage common behavioral problems including wandering, aggressiveness, hallucinations, sleeping and eating problems. She will also discuss simple changes in the home and in daily routines that can help reduce stress and diminish disruptive problems as well as focus on why they may occur. Those who are serving as caregivers for a loved one who has been diagnosed with Alzheimer’s or other dementia are encouraged to attend.

Respite care and lunch will be provided. Registration is required and space is limited. Registration ends Nov. 4. To register, please call the Pardee Health Education Center at 692-4600 or contact Marcia Caserio by calling 696-4758 or by e-mail at

mc@greatlifehealthyaging.com. For more information, please visit

www.greatlifehealthyaging.com.





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www.pardeehospital.org

[Pardee Hospital](#) is a not-for-profit community hospital founded in 1953. The main hospital is licensed for 222 acute care beds and is the second largest employer in [Henderson County](#). The hospital has several locations separate from the main campus, including an adult day services center, a health education center in the Blue Ridge Mall, home care services, a rehab and wellness center, a midwifery program, various family and internal medicine practices, and an urgent care facility. For more information or to find a physician, call 1-866-790-WELL (9355) or visit www.pardeehospital.org.

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