

**PRESS RELEASE:**

March 10, 2011

On-Call Media Cell: (828) 674-2358

**Pardee to host open house at Rehab and Wellness Center**

*(Hendersonville, N.C.)* Pardee will host an open house on Saturday, March 19, from 8 a.m. until noon at the Pardee Rehab and Wellness Center, located at 212-B Thompson Street. This is an opportunity for the community to visit the center and learn about the fitness, weight loss and balance training classes that the Pardee Rehab and Wellness Center offers.

Attendees can take a free health assessment that tests five different health categories and will be eligible for a drawing for a free month of membership to the Pardee Rehab and Wellness Center gym. The wellness staff will also be on hand to answer questions and refreshments will be provided.

For more information about the Pardee Rehab and Wellness Center Open House or membership inquiries, please call 698-6774 ext. 22.

The Pardee Rehab and Wellness Center is a medically-supervised facility that features exercise classes, state-of-the-art strength and cardiovascular training equipment and tools that cater to individuals with limitations such as joint replacements, post-surgical, neurological, muscle atrophy and obesity.





**Margaret R. Pardee Memorial Hospital**  
800 North Justice Street, Hendersonville, NC 28791

[www.pardeehospital.org](http://www.pardeehospital.org)

[Pardee Hospital](#) is a not-for-profit community hospital founded in 1953. The main hospital is licensed for 222 acute care beds and is the second largest employer in [Henderson County](#). The hospital has several locations separate from the main campus, including an adult day services center, a health education center in the Blue Ridge Mall, home care services, a rehab and wellness center, a midwifery program, various family and internal medicine practices, and an urgent care facility. For more information or to find a physician, call 1-866-790-WELL (9355) or visit [www.pardeehospital.org](http://www.pardeehospital.org).

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