

A close-up photograph of a rock surface. In the center, there is a distinct boot print with a pattern of small, rectangular studs. The rock is surrounded by dry pine needles and some green moss. The lighting is natural, highlighting the texture of the rock and the surrounding environment.

One step starts the adventure

 Pardee
Hospital Foundation

My Adventure... regaining my active lifestyle



I was a physical education teacher and coach for most of my career. I played football and basketball in my youth and received a football scholarship in college. When I went to Joint Camp at Pardee,

the patient-centered philosophy and the camaraderie I had with the other patients was nice. I kept up with many of my fellow patients over the years. It was not your typical hospital experience and now here I am back to exercising regularly and golfing when the weather is nice. – Tony Taddeo

Watch Tony's adventure at
www.pardeewellness.org

Our Steps

Pardee Hospital is about to embark on an exciting undertaking to improve our patients' experience. Over the next few months our Orthopedic Center of Excellence will take some giant steps forward. We will ensure our orthopedic patients receive the best care and a quality healing experience comparable to the best healthcare programs. Due to an increase in procedures and the addition of spine treatment, we will be adding five new patient rooms designed and dedicated for patients recovering from orthopedic surgery. In addition, we will be enlarging our group physical therapy space to provide our patients with the area and comfort they need for a speedy recovery. Keeping our patients' care and comfort in mind, we are also adding a new salon, massage room and other personal touches. The final step will include a facelift of the entire Center.

"We understand that if a patient can focus on something other than their condition, they have a better chance of getting better faster. With this in mind, we will be taking as much as we can from the outside environment inside to the patients. Indirect lighting, natural materials and nature photo scenes will be incorporated into the décor and design. We feel that the patient rooms and areas should be sanctuaries and an extension of the local environment."

Craig Franks, Pardee Hospital facilities architect

The Most Important Step

Pardee's Orthopedic Center of Excellence consistently benchmarks among the top orthopedic programs in the nation. Our board-certified physicians and highly-trained support staff are well-known and respected in their field. More important, however, is the great reputation our orthopedics team has among patients for giving them back their ability to lead an active lifestyle. And we feel that this is the most important step of all – your step from deciding on surgery, through recovery and getting back to your lifestyle. Nothing can be more disheartening than

the inability to enjoy your favorite activities. Whether it is backpacking the Appalachian Trail, canoeing the French Broad or simply being able to play with your grandchildren, we want to make sure you can enjoy the experience.

“Life is motion and motion is life. Most of our patients have had an active lifestyle and want to be able to enjoy their activities – be it dancing, walking or golfing.”
Edward G. Lilly III, MD, Blue Ridge Bone & Joint



Pictured above: Pardee orthopedic surgeons



The Camp

This past year more than 500 joint replacement surgeries were performed at Pardee Hospital. Our program – known as Joint Camp, recently celebrated ten years of providing thorough pre- and post-operative care that includes extensive education, as well as prehab and rehab therapy (before and after surgery). Patients of our unique Joint Camp program receive expert care from our dedicated team of physicians, nurses, therapists and patient care staff. While at the Center, Joint Campers focus on exercise, group therapy and social interaction with family members and fellow patients. A key component to Joint Camp is the group exercise and therapy room. The expansion of this room will allow for more patients and more space per patient.

The Experience

We know recovering in a hospital after surgery might not sound like a vacation. We have state-of-the-art technology and highly-trained staff to ensure our patients are key, but we also provide the comforts of home. From our special healthy menu selections to our salon and massage services, our goal for our patients is a comfortable and a positive experience.

“Little favors such as getting their hair shampooed are important to our patients. This experience will be made even better with the expansion of our salon to include a massage area for patients.”

Gladys Nesbitt, Nursing Director of Orthopedics



My Adventure...exploring the outdoors

“I was having knee pain for about five years. I have always been very active – hiking, golfing and running. From surgery through recovery and physical therapy, I had a wonderful experience at Pardee.

It went well and I am back doing the activities I love.”

Tom Lucha, former patient

Watch Tom’s adventure at
www.pardeewellness.org

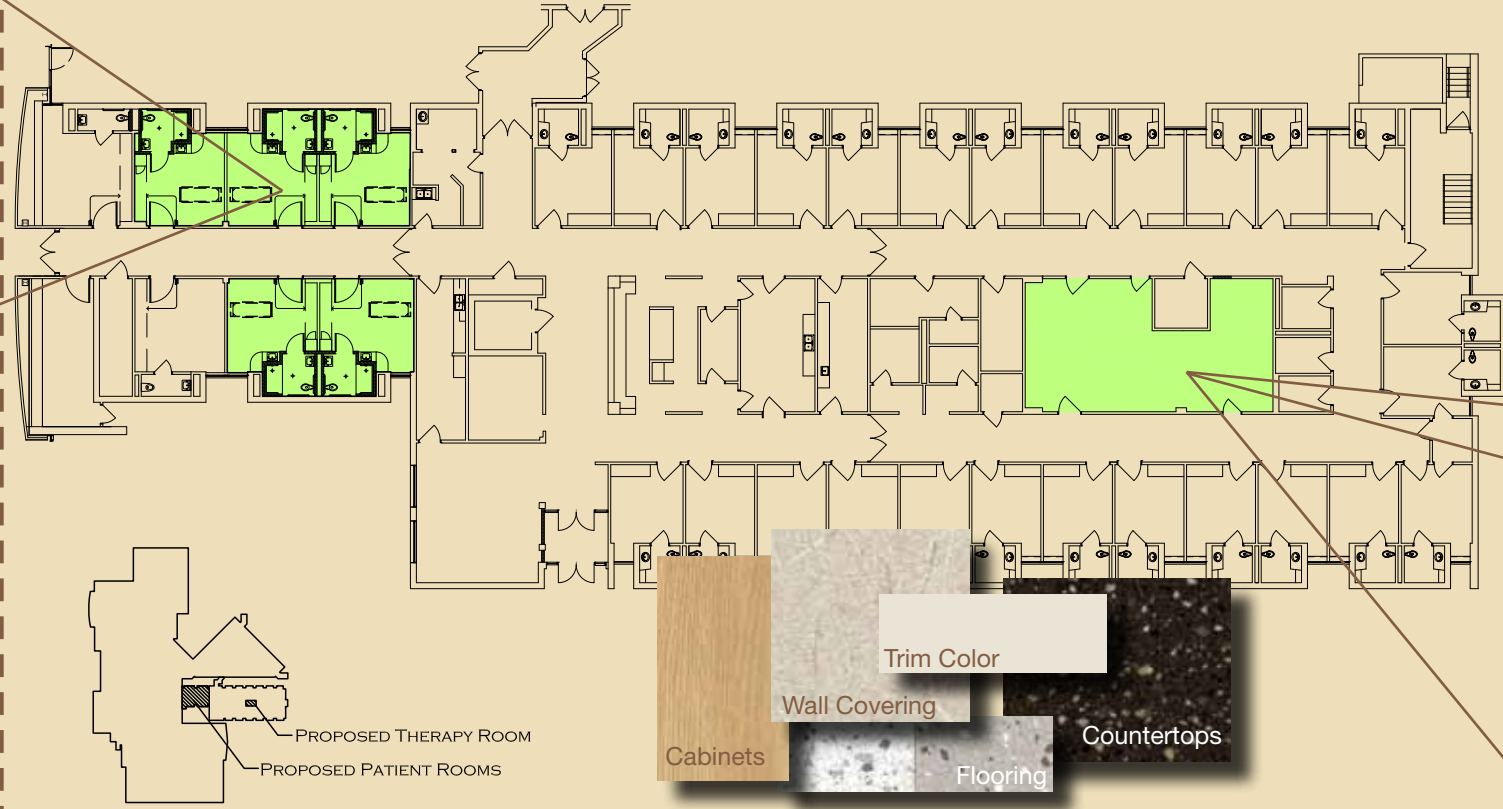
The Destination

Patients from as far as Florida, New York and the West Coast have come to Pardee's Orthopedic Center of Excellence. Our renowned physicians, cost-effective healthcare, and unique patient focused Center combined with the backdrop of the Blue Ridge Mountains provide a medical tourist's paradise. We can now offer a broader group of patients the same benefits and experience as the residents of Henderson County because of our expansion and renovations.



"One of the most important aspects of orthopedics here at Pardee is the team. We have an incredible group of people dedicated to making the patients as comfortable as possible. We have more patients now and have a real need to expand and renovate. You don't need to go to Charlotte or Atlanta. We have all the expertise right here in Hendersonville."
 Amal K. Das, MD, Hendersonville Orthopaedic Associates

Total Project Costs (new equipment and renovations): \$1,367,261



How you can take a step to help

"Pardee Foundation is on an adventure to fully fund the renovations in orthopedics. Your financial gift will help us make steps in the right direction. There are several gift levels that offer naming opportunities. Please contact me to see how you can help."

Debbie Patrick, Director of Development and Donor Relations, Pardee Foundation

Make your gift online at www.pardeehospital.org or use the attached form.



Pardee Hospital Foundation wants to keep you informed about Pardee's services and Foundation events. If you choose not to receive further information and invitations, please let us know by emailing pardee.foundation@pardeehospital.org or in writing to the Pardee Hospital Foundation.

Name _____

Address _____

City/State/Zip _____

Daytime phone _____ Email _____

My gift will be designated for

- Patient Wing \$150,000
- Therapy Space \$100,000
- Patient Room \$50,000
- Massage Therapy \$25,000
- Salon \$25,000
- Conference Room \$15,000

Additional Gift Levels

- \$12,000
- \$10,000
- \$6,000
- \$3,000
- Other \$ _____

- Please contact me to discuss naming opportunities.

My gift will be made by:

Check (made payable to Pardee Hospital Foundation)

My gift will be in honor of: _____

Credit Card (Master Card, VISA or Discover only, please) :

My gift is memorial for: _____

Amount _____ Card No. _____ Expiration Date _____

Signature _____

My total pledge of \$ _____ will be paid by:

March 2010 \$ _____ June 2010 \$ _____ September 2010 \$ _____

December 2010 \$ _____ Other _____ \$ _____

My gift will be matched by _____

Please recognize _____ as the donor in Foundation publications (or) I/We wish to remain anonymous.

Thank you for your donation! Please mail this form to:

Pardee Hospital Foundation, 800 North Justice Street, Hendersonville, NC 28791-3410

Contact us at (828) 696-4666 FAX (828) 696-4665, or E-mail: pardee.foundation@pardeehospital.org

Orthopedic Renovation Committee

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