

PRESS RELEASE:

April 15, 2009

On-Call Media Cell: (828) 674-2358

Pardee OB/GYN Associates offers Essure permanent birth control option

(Hendersonville, N.C.) Pardee OB/GYN Associates is now offering the Essure procedure for permanent birth control.

Essure is different than the traditional method of a surgical tubal ligation because there is no cutting or burning of the body. Spring-like coils are inserted through the body's natural pathways and into the fallopian tubes. The body and the coils create a tissue barrier that prevents sperm from reaching the egg.

"Women who have the Essure procedure tend to recover very quickly and are often back to work the next day," said Maridee Spearman, M.D., OB/GYN with Pardee OB/GYN Associates. "Essure can be done in the operating room or in the office. It's a very effective method of closing the fallopian tubes that requires minimal anesthesia."

Pardee OB/GYN Associates are committed to providing women with the best care for every stage of life and are a part of the Center for Women's Health at Pardee. Pardee OB/GYN Associates are affiliated with MAHEC and the UNC Chapel Hill School of Medicine. By teaching resident physicians and participating in continuing education programs, physicians are continually learning the latest medical advancements and treatments. Pardee OB/GYN Associates board-certified OB/GYN physicians, David Beaty,





Margaret R. Pardee Memorial Hospital
800 North Justice Street, Hendersonville, NC 28791

www.pardeehospital.org

M.D., and Maridee Spearman, M.D., are both accepting new patients. The office is located at 705 Sixth Ave. West in Hendersonville, across from Pardee Hospital. For more information about Pardee OB/GYN Associates or the Essure procedure, call 1-866-790-WELL (9355).

[Pardee Hospital](http://www.pardeehospital.org) is a not-for-profit community hospital founded in 1953. The main hospital is licensed for 222 acute care beds and is the second largest employer in [Henderson County](http://www.pardeehospital.org). The hospital has several locations separate from the main campus, including an adult day services center, a health education center in the Blue Ridge Mall, home care services, a rehab and wellness center, a midwifery program, various family and internal medicine practices, and an urgent care facility. For more information or to find a physician, call 1-866-790-WELL (9355) or visit www.pardeehospital.org.

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