

PRESS RELEASE:

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I Can Cope Meeting to Focus on Managing Effects of Cancer Treatments

(Hendersonville, N.C.) Robin Adriance, MSN, FNP, APRN, BC, will give cancer patients tips for managing the effects of illness and treatment during the upcoming I Can Cope meeting on Thursday, May 7 from 5:30 until 7 p.m. at the Pardee Health Education Center.

Adriance will discuss the health challenges to wellness imposed by cancer and offer strategies for managing treatment-related problems, including pain management techniques and nutritional interventions. She will also help participants understand the difference between problems they can manage themselves and those that need medical attention.

In cooperation with the American Cancer Society, the Comprehensive Cancer Center at Pardee Hospital offers the *I Can Cope* educational program to help cancer patients and their families in our community. *I Can Cope* provides a different topic each month with practical information about cancer, the various treatments available and self-care strategies. The educational series helps individuals make informed decisions and become stronger partners in the treatment team.

For more information on the *I Can Cope* program or to register, call 1-866-790-WELL (9355) or visit www.pardeehospital.org.





Margaret R. Pardee Memorial Hospital
800 North Justice Street, Hendersonville, NC 28791

www.pardeehospital.org

The Comprehensive Cancer Center at Pardee is accredited by the American College of Surgeons Commission on Cancer. The center offers a full range of advanced treatment and diagnostic services performed by highly qualified cancer specialists. Services include surgery, medical oncology, radiation oncology, high-tech radiology and laboratory diagnostic support and clinical treatment trials. Community education programs, cancer screenings, support groups and holistic patient and family support are also available.

Pardee Hospital is a not-for-profit community hospital founded in 1953. The main hospital is licensed for 222 acute care beds and is the second largest employer in Henderson County. The hospital has several locations separate from the main campus, including an adult day services center, a health education center in the Blue Ridge Mall, home care services, a rehab and wellness center, a midwifery program, various family and internal medicine practices, and an urgent care facility. For more information or to find a physician, call 1-866-790-WELL (9355) or visit www.pardeehospital.org.

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