

PRESS RELEASE:

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On-Call Media Cell: (828) 674-2358

Local physician to offer free presentation on chronic back pain

(Hendersonville, N.C.) Edward A. Lewis, M.D., of the Carolina Center for Management of Advanced Pain, will discuss how “pacemakers for pain” are used to treat chronic back pain in a free presentation at the Pardee Health Education Center on Thursday, May 7 at 1:30 p.m.

The proportion of people suffering from long term, impairing low back pain has more than doubled in North Carolina since the early 1990s, according to a new study published in the Feb. 9 issue of the *Archives of Internal Medicine*. Back pain is the second most common neurological ailment in the U.S. — only headaches are more common. A “pacemaker for pain,” known as peripheral nerve field stimulation (PNFS), is one of the newest techniques to combat chronic back pain for people who are finding no relief from conventional treatment.

During his presentation, Lewis will provide the latest information for the treatment of chronic back pain including PNFS. He will offer time for questions after the presentation. Registration for this free presentation is required by calling 1-866-790-WELL (9355).

Lewis graduated from the University of Texas Medical School and completed his residency at Memorial Hermann Texas Medical Center in Houston, Texas. He is board





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certified in anesthesiology and pain medicine, and serves on the Pardee Hospital medical staff.

The [Pardee Health Education Center](#) is a unique community outreach program of the hospital that provides an array of services from health fairs and screenings to seminars and support groups. Last year, the center provided more than 10,000 free and low-cost screenings to community members.

[Pardee Hospital](#) is a not-for-profit community hospital founded in 1953. The main hospital is licensed for 222 acute care beds and is the second largest employer in [Henderson County](#). The hospital has several locations separate from the main campus, including an adult day services center, a health education center in the Blue Ridge Mall, home care services, a rehab and wellness center, a midwifery program, various family and internal medicine practices, and an urgent care facility. For more information or to find a physician, call 1-866-790-WELL (9355) or visit www.pardeehospital.org.

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