

**PRESS RELEASE:**

Oct. 7, 2009

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**Pardee to hold Diabetes Awareness Day event**

*(Hendersonville, NC)* Pardee Hospital will host a Diabetes Awareness Day on Wed., Oct. 21, from 10 a.m. until 1 p.m., at the Pardee Health Education Center located in the Blue Ridge Mall in Hendersonville.

Attendees will learn about diabetes and how to manage the disease at this free event. Free blood pressure, body fat analysis and foot screenings will be offered. A1C screenings will be available for \$20. In addition, healthcare professionals will be available to answer questions and provide information helpful in the self-management of diabetes. Registration is not required.

The [Pardee Health Education Center](#) is a unique community outreach program of the hospital that provides an array of services from health fairs and screenings to seminars and support groups. Last year, the center provided more than 10,000 free and low-cost screenings to community members.

[Pardee Hospital](#) is a not-for-profit community hospital founded in 1953. The main hospital is licensed for 222 acute care beds and is the second largest employer in [Henderson County](#). The hospital has several locations separate from the main campus, including an adult day services center, a health education center in the Blue Ridge Mall,





**Margaret R. Pardee Memorial Hospital**  
800 North Justice Street, Hendersonville, NC 28791

[www.pardeehospital.org](http://www.pardeehospital.org)

home care services, a rehab and wellness center, a midwifery program, various family and internal medicine practices, and an urgent care facility. For more information or to find a physician, call 1-866-790-WELL (9355) or visit [www.pardeehospital.org](http://www.pardeehospital.org).

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