

PRESS RELEASE:

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Diabetes Support Group to feature guest speakers in September

(Hendersonville, N.C.) Donald Jablonski, D.O., of the Country Clinic in Etowah, will present, "Diabetes Update: Treatments and Standards" during the upcoming Diabetes Support Group meeting scheduled for Wed., Sept. 2 from 10 until 11:30 a.m., at the Pardee Health Education Center.

Jablonski will cover some of the recognized standards and treatments regarding diabetes care and complications, and will offer insight into how physicians make decisions about care. Attendees may bring questions about diabetes medications, treatments and management to the presentation.

Marcia Caserio, MA, Ed, certified in Gerontology and Jean Sitton, BSN, RN,C, MHS, care manager/ discharge planner with Pardee Hospital, will present "Diabetes and Dementia - Is There a Connection?" during the Diabetes Support Group meeting to be held on Wed., Sept. 16, from 10 until 11:30 a.m., at the Pardee Health Education Center.

It is well known that diabetes increases the risk for a number of other health consequences such as heart disease, sleep apnea, neuropathy, kidney disease and eye problems. Now studies show that high glucose, as well as high cholesterol, high



systolic blood pressure and obesity can also affect the brain and promote dementia and Alzheimer's Disease.

“This program will discuss new findings about aging and dementia, and how diabetes may create an unwelcome link to Alzheimer's Disease and the promising potential that suggests may help us avoid that pathway to dementia,” said Caserio.

The Diabetes Support Group meets twice a month at the Pardee Health Education Center, located in the Blue Ridge Mall. Registration is not required.

The Pardee Health Education Center is a unique community outreach program of the hospital that provides an array of services from health fairs and screenings to seminars and support groups. Last year, the center provided more than 10,000 free and low-cost screenings to community members.

Pardee Hospital is a not-for-profit community hospital founded in 1953. The main hospital is licensed for 222 acute care beds and is the second largest employer in Henderson County. The hospital has several locations separate from the main campus, including an adult day services center, a health education center in the Blue Ridge Mall, home care services, a rehab and wellness center, a midwifery program, various family and internal medicine practices, and an urgent care facility. For more information or to find a physician, call 1-866-790-WELL (9355) or visit www.pardeehospital.org.





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