

PRESS RELEASE:

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On-Call Media Cell: (828) 674-2358

Pardee offers free presentation for women trying to conceive

(Hendersonville, N.C.) Barbara Davenport, MSN, CNM, with Pardee Nurse-Midwifery and Alyssa Johnson, LAC, with Living Points Acupuncture will present *A Holistic Approach to Get Ready, Get Serious, Get Pregnant* from 6 until 7:30 p.m. on Thursday, Aug. 5 at the Pardee Health Education Center in the Blue Ridge Mall.

The free presentation and interactive discussion will explore female fertility, nutrition, supplements, exercise, mental preparation, journaling and the use of complementary therapies. Registration is required by calling 1-866-790-WELL.

The [Pardee Health Education Center](#) is a unique community outreach program of the hospital that provides an array of services from health fairs and screenings to seminars and support groups. Last year, the center provided more than 10,000 free and low-cost screenings to community members.

[Pardee Hospital](#) is a not-for-profit community hospital founded in 1953. The main hospital is licensed for 222 acute care beds and is the second largest employer in [Henderson County](#). The hospital has several locations separate from the main campus, including an adult day services center, a health education center in the Blue Ridge





Margaret R. Pardee Memorial Hospital
800 North Justice Street, Hendersonville, NC 28791

www.pardeehospital.org

Mall, home care services, a rehab and wellness center, a midwifery program, various family and internal medicine practices, and an urgent care facility. For more information or to find a physician, call 1-866-790-WELL (9355) or visit www.pardeehospital.org.

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