

PRESS RELEASE:

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On-Call Media Cell: (828) 674-2358

Pardee offers free physician presentations in July

(Hendersonville, N.C.) During the month of July, Pardee Hospital will be offering three free physician presentations to the community.

John Hicks, M.D., an orthopedic surgeon with [Blue Ridge Bone & Joint](#), will present *Cervical Spine Issues* on Wed., July 7, from 12:30 until 1:30 p.m. He will discuss the physiology of the upper spine, common causes of pain and treatment options.

Amal Das, M.D., an orthopedic surgeon with [Hendersonville Orthopaedic Associates](#), will offer the presentation *Minimally Invasive Knee Replacement* on Fri., July 9, from 2 until 3:30 p.m. He will explain knee anatomy and the unicompartmental method for knee replacement, including mobile bearing.

Morris Maizels, M.D., a family physician who is board certified in headache medicine, with [Blue Ridge Headache Center](#), will present *Anxiety and Depression*, on Wed., July 14, from 1 until 2 p.m. He will discuss how anxiety and depression affects your health. Both medication and non-medication treatment options will be presented.

All three presentations will be held at the Pardee Health Education Center located in the Blue Ridge Mall. Registration is required by calling 1-866-790-WELL (9355).





Margaret R. Pardee Memorial Hospital
800 North Justice Street, Hendersonville, NC 28791

www.pardeehospital.org

The [Pardee Health Education Center](#) is a unique community outreach program of the hospital that provides an array of services from health fairs and screenings to seminars and support groups. Last year, the center provided more than 10,000 free and low-cost screenings to community members.

[Pardee Hospital](#) is a not-for-profit community hospital founded in 1953. The main hospital is licensed for 222 acute care beds and is the second largest employer in [Henderson County](#). The hospital has several locations separate from the main campus, including an adult day services center, a health education center in the Blue Ridge Mall, home care services, a rehab and wellness center, a midwifery program, various family and internal medicine practices, and an urgent care facility. For more information or to find a physician, call 1-866-790-WELL (9355) or visit www.pardeehospital.org.

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