

PRESS RELEASE:

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Pardee physical therapist to present shoulder pain seminar

(Hendersonville, N.C.) Jason Morgan, a licensed physical therapist at Pardee Hospital, will host a presentation about shoulder pain on Thu., Oct. 14 from 3 until 4:30 p.m. at the Pardee Health Education Center.

Shoulder pain is a common problem that can interfere with daily activities, and it is important to understand the cause of the pain in order to apply the appropriate treatment. The free presentation will focus on the causes of shoulder pain and the range of treatments available from medication and therapy to stretching exercises. Registration is required by calling 1-866-790-WELL (9355).

The [Pardee Health Education Center](#) is a unique community outreach program of the hospital that provides an array of services from health fairs and screenings to seminars and support groups. Last year, the center provided more than 10,000 free and low-cost screenings to community members.

[Pardee Hospital](#) is a not-for-profit community hospital founded in 1953. The main hospital is licensed for 222 acute care beds and is the second largest employer in [Henderson County](#). The hospital has several locations separate from the main campus, including an adult day services center, a health education center in the Blue Ridge Mall,





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www.pardeehospital.org

home care services, a rehab and wellness center, a midwifery program, various family and internal medicine practices, and an urgent care facility. For more information or to find a physician, call 1-866-790-WELL (9355) or visit www.pardeehospital.org.

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