

**NEWS RELEASE:**

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**Jean Sitton named Pardee Associate of the Year**

(Hendersonville, N.C.) Pardee Hospital recently presented the fifth annual Associate of the Year Award to Jean Sitton, a registered nurse in Pardee's Case Management Department. Sitton received a check for \$500 at a special awards ceremony and dinner.

According to Sitton's fellow associates, she is dedicated, highly skilled, compassionate and caring. She has multiple certifications including case management and geriatrics. In the past year, Sitton has researched and developed a personal health record that can be used by patients to keep all of their pertinent health information including a current medication list, advanced directives and medical history. She has provided educational sessions for the community at the Pardee Health Education Center as well as assisted living facilities and community organizations to promote the use of the personal health record. Sitton has also dedicated a great deal of time, energy and effort toward advancing nursing research. She will co-chair the newly created Nursing Research Council.

Nominations for the Associate of the Year award were submitted by co-workers and reviewed by Pardee's Associate Satisfaction Committee, which is comprised of members from various departments of the hospital. The committee selected Sitton as associate of the year for 2009.





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[www.pardeehospital.org](http://www.pardeehospital.org)

Sigrun Mapes, R.N., of Pardee's Health Education Center and Wesley Wells of the Respiratory Department, were runners-up for this year's award.

Pardee Hospital is a not-for-profit community hospital founded in 1953. The main hospital is licensed for 222 acute care beds and is the second largest employer in Henderson County. The hospital has several locations separate from the main campus, including an adult day services center, a health education center in the Blue Ridge Mall, home care services, a rehab and wellness center, a midwifery program, various family and internal medicine practices, and an urgent care facility. For more information or to find a physician, call 1-866-790-WELL (9355) or visit

[www.pardeehospital.org](http://www.pardeehospital.org).

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