

PRESS RELEASE:

Oct. 14, 2010

On-Call Media Cell: (828) 674-2358

Pardee physician to offer seminar on menopause

(Hendersonville, N.C.) Elizabeth Saft, D.O., a family physician with Hendersonville Family Health Center in Etowah, will discuss Menopause Misconceptions at the Pardee Health Education Center on Thursday, Oct. 28, from 12:30 until 1:30 p.m. Registration for this free presentation is required by calling 1-866-790-WELL (9355).

The presentation will cover common misconceptions about menopause, the symptoms of menopause and the various treatment methods for relieving those symptoms.

The [Pardee Health Education Center](#) is a unique community outreach program of the hospital that provides an array of services from health fairs and screenings to seminars and support groups. Last year, the center provided more than 10,000 free and low-cost screenings to community members.

[Pardee Hospital](#) is a not-for-profit community hospital founded in 1953. The main hospital is licensed for 222 acute care beds and is the second largest employer in [Henderson County](#). The hospital has several locations separate from the main campus, including an adult day services center, a health education center in the Blue Ridge Mall, home care services, a rehab and wellness center, a midwifery program, various family





Margaret R. Pardee Memorial Hospital
800 North Justice Street, Hendersonville, NC 28791

www.pardeehospital.org

and internal medicine practices, and an urgent care facility. For more information or to find a physician, call 1-866-790-WELL (9355) or visit www.pardeehospital.org.

###

