Dear Wellness Center members,

Your health is our top priority. Out of an abundance of caution, the Pardee Rehab and Wellness Center located at 212 B Thompson Street is closed for wellness members and the public, effective Friday, March 13. This decision is based on recommendations from our medical staff, local public health officials, the NC Department of Health and Human Services, and the Centers for Disease Control (CDC) and is a critical step in keeping our members and our community healthy and safe.

This closure does not affect physical therapy appointments at this time. Please keep your appointments and if you have questions, please call your therapist to confirm. Access for wellness members will be restricted until such time as a decision is made to reopen.

If you suspect that you have COVID-19 symptoms of fever, cough, and shortness of breath, you may:
  - Call your primary health provider for guidance on symptom management.
  - If you do not have a primary health provider, call the UNC Health COVID-19 Helpline at 1-888-850-2684.
  - The UNC Health system maintains and offers UNC Urgent Care 24/7 (uncurgentcare247.com), a virtual urgent care service that patients can use to diagnose non-emergent issues, keeping Emergency Departments open and available for more serious illness.
  - If you’re experiencing a medical emergency, call 9-1-1.

We encourage all members of our community to follow the precautions offered by the CDC to protect themselves and others from the spread of all respiratory illness, including flu and COVID-19.
  - Stay home when you are sick.
  - Avoid contact with persons that are sick.
  - Practice frequent handwashing with soap and water for at least 20 seconds.
  - Use hand sanitizer that is at least 60% alcohol.
  - Practice safe coughing and sneezing etiquette - utilize a tissue that is immediately thrown away or cough/sneeze into your elbow.
  - Routinely clean frequently touched surfaces with household cleaners.

If you have additional questions about COVID-19, call the North Carolina Coronavirus Hotline at 1-866-462-3821.

We apologize for any inconvenience this may cause you.

Yours in wellness,

The Pardee Wellness Team