How You Can Be a Neighborhood Hero

In times of crisis, people from all walks of life become heroes in their communities. There are many ways to help your neighbors, friends, and family without coming into direct contact with them. Below are a few opportunities that can make a big impact within your own neighborhood:

Help pick up and drop off groceries.
Picking up and delivering groceries or needed medications can be a tremendous help. Don’t hang around to chat, simply leave the bag at their door and call or text to let them know it is outside.

Offer to help with childcare.
For healthcare employees, retail and grocery clerks, utility workers, and more, finding child care options can be difficult while schools and day cares are closed. As you are well and able, offer to help baby-sit.

Agree to pet-sit.
Furry friends can make someone feel better when they are sick, but they also require a lot of attention. From feeding to walking to cleaning litter boxes, it may be a welcomed relief if you offer to pet-sit until they are well again.

Help with outdoor chores.
Lend a helping hand by mowing a neighbor’s lawn or checking on their garden. Most people hate to let weeds creep in or grass to grow tall, so offer to keep up with lawn care until they are feeling better.

Support local businesses.
Buy gift cards or get takeout from local, small businesses. This will help keep a stream of income during difficult times until they can resume business as usual.

Donate blood.
Make an appointment to limit the time you are at the donation center, but don’t stop giving.

We want to celebrate those who are making a difference during the pandemic. It could be an act of heroism, gesture of kindness, or generous gift of support. Share the heroic things you’re seeing in your community and tag them with #NeighborhoodHeroes and #HappyWithPardee.